

Lunch & Learn

Wednesdays, 12 noon



Cabarrus County Senior Center,
331 Corban Avenue SE, Concord

Coffee and tea are served with each meal.
Cost per meal is \$6.

Reservations must be made by 3pm the Friday before at 704-920-3484.

October 2016

5th
Grilled Marinated Chicken
Mashed Potatoes
Green Beans
Chocolate Cake
Program: Drumming Dudes & Divas

12th
Chicken Tender Wrap
Lettuce, Tomato and Cheese
Potato Wedges
Lemon Cream Cake
Program: Project Feeder Watch

19th
Flounder
Potato Salad
Green Beans
Peanut Butter Cookie
**Program: Council on Aging & Sears
Fashion Show**

26th
BBQ
Cole Slaw
Baked Beans
Brownie
Program: BrightStar Birthday Bash

November 2016

2nd
Grilled Marinated Chicken
Mashed Potatoes
Green Beans
Chocolate Cake
Program: Circle Competition

9th
Flounder
Potato Salad
Sweet Peas
Peanut Butter Cookie
**Program: BrightStar Birthday Bash
Shuffleboard Shake-Up**

16th
Chicken Tender Wrap
Lettuce, Tomato and Cheese
Potato Wedges
Lemon Cream Cake
Program: Suicide Survivor Day

23rd
BBQ
Cole Slaw
Baked Beans
Brownie
Program: Loosen-Up, Lighten-Up Day

30th
Lasagne
Tossed Salad
Garlic Bread
Vanilla Pudding
Program: Gobble 'til You Wobble