

NUTRITION SITE ASSISTANT - 7010

General Definition of Work:

Performs responsible human support work serving meals at a congregate meal nutrition site. Work is performed under the regular supervision of the Nutrition Program Coordinator. This position acts as the Nutrition Site Supervisors in his or her absence and works on an "on call basis".

Essential Functions/Typical Tasks:

Preparing nutrition site for meals; serving meals at nutrition site; maintaining confidentiality.

(These are intended only as illustrations of the various types of work performed. The omission of specific duties does not exclude them from the position if the work is similar, related, or a logical assignment to the position. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.)

- Prepares, maintains and submits daily, weekly and monthly reports as required.
- Prepares site for food delivery and arrival of participants.
- Encourages participants to socialize and interact; identifies and refers special needs.
- Cleans and sanitizes site and equipment before and after meal.
- Prepares beverages; sets up trays and cups.
- Prepares and presents programs of educational, nutritional or social relevance geared to the older adult population.
- May serve as Site Supervisor if qualified.
- Receives food; takes and records temperature; prepares and serves food.
- Performs related tasks as required.

Knowledge, Skills and Abilities:

Some knowledge of site operation, meal service, reading and following menu instructions, and record keeping requirements; some knowledge of the methods of cleaning and maintaining food service areas, utensils and equipment in a sanitary and safe manner; some knowledge of the nutritional needs of older adults; ability to follow oral instructions and understand simple written terms; skill in the serving of meals and handling of food; ability to establish and maintain effective working relationships with clients and associates; ability to maintain confidentiality; ability to attend work regularly.

Education and Experience:

Requires graduation from high school and some food handling and serving experience. An equivalent combination of education and experience may be considered.

Physical Requirements:

This is light work requiring the exertion of up to 20 pounds of force occasionally, up to 10 pounds of force frequently, and a negligible amount of force constantly to move objects; work requires reaching, standing, and grasping; vocal communication is required for expressing or exchanging ideas by means of the spoken word; hearing is required to perceive information at normal spoken word levels; visual acuity is required for determining the accuracy and thoroughness of work, and observing general surroundings and activities; the worker is not subject to adverse environmental conditions.

Special Requirements:

Possession of CPR and first aid certification.

HR revised 6-3-2013